

### **FALL 2021**

My 100 Percent's mission is to relieve poverty in developing nations by providing the necessities of life, including food, clean water, clothing, education and/or shelter to children and families who are underprivileged while ensuring 100% of your contributions are sent to those in need.

### **PROJECTS WE SUPPORT**

We currently support two programs in South Asia. We are a supporter of the Jhamtse Gatsal Children's Community located in Arunachal Pradesh, India. This Community supports almost 100 children and young adults in the Monpa region of North Eastern India.

Our second program is the Stay-in-School Nepal education support program for school girls in Eastern Nepal in partnership with two Nepalese NGOs. The Stay-in-School Nepal programs run with the dedicated and tireless work of Arjun Mani Guragain and often the support of his wife Binita Kumari Paudel, who teaches full time at the Public Health Colleges.

### Pandemic Relief in 2021

With the pandemic's devastation to the hospital workers, My 100 Percent did direct some funds for medical equipment to remote India and Nepal. We purchased and sent 13 ventilators to Jatan Charitable Trust in Gujarat India. The Trust dispersed the equipment to NGOs and hospitals in rural Gujarat through a partnership with Lok Mitra focusing on communities in need of medical equipment to fight COVID 19.



Lok Mitra staff accept the medical equipment for distribution.

In addition, remote hospitals were struggling without equipment and supplies so My 100 Percent purchased medical equipment for a pediatric intensive care unit bed at the hospital in Itahari, Nepal. The equipment was well received during a time of high COVID ICU patients.



The medical staff and Municipality staff in Nepal thanking My 100 Percent for its contributions of needed supplies.

# **CURRENT STORIES**

# Pandemic Impacts Education

Currently we are sponsoring 100 girls in the Municipality of Sundar Haraicha in Province #1 in Nepal. The rise in pandemic cases has resulted in the closing of Nepal schools for 4 months in 2020 and 5 months in 2021.

The school shutdowns have been difficult for our programs as old family habits and home stresses come back into daily activities without the regular school commitments. There were very limited resources available for our students to face online learning. The girls' families do not have internet or computers or even TVs to address the changes in teaching methods.

Given the lack of computers and cell phones we distributed radios to all the girls to accept broadcasts of the daily school lessons. As you can imagine this was a difficult and limited one-way transfer of information which required Arjun to supplement the lessons with additional help.



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 Charitable Registration #814420238RR0001



We distributed radios for all the students to listen to their lessons that were broadcast after the schools shut down due to the pandemic.

For the older girls the radio broadcasts proved a difficult learning environment. We added a shared cellular phone program for 13 students to get online lessons and additional tutoring. We paid for extra classes through three tutors as well as lessons at a tutoring centre.



Older students are happy to be loaned cellular phones to receive additional tutoring and lessons during pandemic.

At the end of the 2020/21 school year 96 girls were promoted to the next grade with one-third achieving high marks and increasing their grades over the past year. We are proud of our students and the extra efforts they made during extremely difficult learning environment faced around the world. Unfortunately, two of our students got married during the school shutdowns.

### **New Bike Share Program**

We are always on the hunt for cost effective ways to help people get further education and pull themselves out of poverty. A potential new program is a local bike share initiative. In 2019 we started a pilot project with 4 bikes for our students who walked an hour each way to their classes. The bike share improved their attendance and allowed them to do both their homework and their chores or part-time jobs.



My 100 Percent bike share recipients

It turns out that West Bengal and Bahia States in India and two provinces in Nepal have implemented successful bike share programs. These programs have been studied by researchers and even won a United Nations award as the most effective in promoting education, reducing drop-out rates and attaining employment. The positive impacts resulting from the bike share program is something we are encouraged by especially during the pandemic experiences of all students. The programs are cost effective with each new bike costing only \$70 and the students contributing to their own maintenance and repair.



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This provides environmentally friendly transportation and exercise for all students. The program should resonate with the local municipality. We will be having meetings with the Reeve and Council of Sunder Haraicha to discuss the possibilities. A large bike share program can be implemented with minimal administration burden.

## **FINANCIAL RESULTS**

**My 100 Percent** completed its sixth year as a registered charity and below is the summary of the audited financial statements for the year ended December 31, 2020. The complete audited financial statements will be available to review on our website at my100percent.org.

The pandemic did impact donor events and travel which were both cancelled during the year. In spite of the pandemic cancellations, we had a significant increase in donations and investment income. We raised almost \$67,000 through donations and had over \$9,000 in interest income and strong realized and unrealized gains from the investment account of just over \$30,000.

Revenues	2020	2019
Donations	\$66,547	\$ 49,570
Fundraising & Interest	39,432	14,233
	105,979	63,803
Expenses		
Website and Rebranding	-	3,586
Annual Audit	3,058	3,275
Supplies and Travel	<u>893</u>	1,387
	<u>3,951</u>	8,248
Programming		
Jhamtse Gatsal, India	39,202	-
Juna Limbu, Nepal		12,422
Stay-in-School, Nepal	28,293	<u>34,720</u>
	67,495	47,142
Net Surplus for Year	<u>\$34,533</u>	\$ 8,413
Accumulated Surplus	<u>\$ 235,962</u>	<u>\$201,429</u>

We limited the administration expenses for the year to \$3,951 or less than 4% of revenues. Three quarters of the administration cost is the annual audit of our financial statements and activities which will be posted on the website. Adarsh and Jeff cover all administration expenses as part of our own donation to My 100 Percent.

Excess cash is currently invested in the preferred shares of well-known financial companies to earn interest of approximately 5% per annum. These preferred shares do fluctuate a small amount in market price. At December 31, 2020 there was unrealized gain on investments of \$20,116 showing the strength of these conservative investments.

Our charity now has sufficient funds for its current 5-year Stay-in-School program commitments and the opportunity to look for additional worthwhile causes to support.

#### **DIRECTORS**

We have a volunteer Board of Directors that meets periodically to review information, approve the audited financial statements and help plan activities.

During 2021 Linda Bertoldi announced her intention to step down as a Board Member after 6 years. We were privileged to have one of Canada's leading energy lawyers on our Board. We appreciate Linda's dedication and service to My 100 Percent and wish her the best. We are equally fortunate that Karen Nixon of Osoyoos, BC has agreed and been approved to serve on the Board. Karen is a Chartered Accountant and Lawyer and recently retired as a Tax Partner of Ernst & Young in Calgary. We have known Karen for almost 40 years and will welcome her skills as they are applied to the business and strategy of My 100 Percent.

Karen joins Mark Foley, Adarsh Mehta and Jeff Jenner on the Board of My 100 Percent.

## **DONATIONS & VOLUNTEERS**

We have a small group of volunteers in Vancouver and Mississauga who organize successful events for the charity every year. We would like to reach other potential volunteers to support these events or plan a new event in the Greater Toronto Area. If you are interested, please email Adarsh Mehta at <a href="mailto:adarsh@my100percent.org">adarsh@my100percent.org</a> or telephone us at 905-990-2464.

Donations are always welcome. Please check out our new website (<a href="http://my100percent.org/donate/">http://my100percent.org/donate/</a>). We thank you for your continued support and trust.

Adarsh and Jeff